

NuMinds Enrichment Presents:

EDVOLVE

PROFESSIONAL DEVELOPMENT

**Self-Guided,
Online Courses**

**& Live, Face-to-Face
+Virtual Delivery**

Courses range from 1-6 hours in
length with combined training,
integration, and hands-on
practice

WWW.NUMINDSENRIICHMENT.COM

PARTNERSHIPS@NUMIEN.COM

2-HOUR PD COURSES

Available for live synchronous delivery via Zoom, Google Meet, or In-Person) or self-paced via our unique, engaging learning management system

ED
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CREATIVITY in Every Classroom

Explore powerful theories of creativity and learn practical ways to evolutionize your teaching. This workshop provides a foundation for teaching divergent thinking. We explore the theories of creativity and their relevance in the classroom. Dive into the neuroscience behind creativity, Wallas' model of the creative process, the theories of Renzulli and Steinberg, and even Csikszentmihalyi's work on "flow." We'll translate these academic thinking models into pragmatic, effective classroom practices.

POWER of Mindset

Experience strategies that help nurture resilience in all learners. In this workshop we examine how mindset theory elevates curriculum, instruction, and classroom management. We tackle the complicated issue of how our conceptualizations of intelligence and mindset interplay on the stage of student successes and failures. Through practical exercise and discussion, we explore how our mindsets affect our students' capacity to engage and learn.

S.T.E.A.M. Learning in all the Disciplines

Understand how to integrate STEAM into any subject with our patented curriculum approach. In this workshop, teachers will develop an understanding of how STEAM (Science, Technology, Engineering, Arts, and Math) is the most effective way to create engaging, relevant learning opportunities. We'll discuss how to nurture the 21st century thinking skills of creativity, collaboration, critical thinking, and communication. Teachers gain the tools and confidence to increase the impact and engagement in their current curriculum.

ZEN in the Classroom

Incorporate research-based mindfulness and Social and Emotional Learning practices into every classroom. This is a deeper dive into SEL and student strategies focused on self awareness, including self talk, mood identification, and effective mindfulness practices. Explore practical strategies including box breathing, getting to green, self talk, and pyramid of action.

PERFECTLY Imperf'k't

Address the many symptoms of perfectionism that inhibit student development. At the root of perfectionism is how we attribute success and failure-- manifesting in multiple ways, including underachievement, procrastination, blame, shame, and image control. Learn to identify the signs of perfectionism in your students and incorporate growth mindset practices to help them succeed and achieve.

EDUCATOR to Inspirator

Level up from teacher to Inspirator with a simple mindshift and awesome teaching techniques. At NuMinds, our teaching staff is known as Inspirators. It's more than a fun and novel title. Inspiring encompasses a full mindset and philosophy around how and why we work with students. Learn how becoming an Inspirator will transform how you grow your students!

LIVE SYNCHRONOUS PD (1 OF 3)

Delivered via Zoom, Google Meet, or In-Person

Breath Necessities (2-hour)

Emerging and historical research on mindfulness and breathing shows us exactly how to support our nervous system in managing stress, improving focus, achieving balance and coherence, and even giving ourselves natural boosts of energy and clarity. In this workshop, we'll walk through specific, easy-to-do breathing techniques uniquely framed for the busy, fast-paced life of educators and counselors.

As adults in a school setting, we SET the temperature by modeling our own nervous system regulation. The first part of the workshop will focus on breathing tools for teachers and counselors. Then, we review and practice methods to coach students in using the breath to manage stress, calm anxiety, and improve focus. All participants receive an easy-to-follow reference guide to apply the tools in the active context of their day-to-day lives.

Nature & Needs of the Gifted (6-hour)

This G/T training addresses the characteristics and definitions of the gifted and talented learner, multiple intelligences, equity and diversity, social and emotional needs and the differences between the gifted learner and the high-achiever. Additionally, the training will address how schools meet the needs of gifted students.



Achieve Depth & Complexity Through Compacting (6-hour)

As curriculum design gets more advanced, differentiation is key. Differentiation doesn't mean do everything completely different for every kid, however! What if it were simple to add complexity that keeps curious minds exploring? To quickly pre-assess and group students? To legitimately skip some lessons to make room for more student involvement? To quickly capture your students' imagination through depth-laden questions of intrigue? In this workshop, we will model and teach compacting first. Then, we will layer in depth and complexity.

Advanced Differentiation Through Depth & Complexity (6-hour)

How do you continue adding complexity that keeps curious minds exploring? In this workshop, we will discuss advanced differentiation, increased rigor, and individual, standards-based products. We will share practical strategies for differentiating academic content while reinforcing the affective component (by exploring what teachers can say and do to best acknowledge, support, and nurture students' social/emotional needs).

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LIVE SYNCHRONOUS PD (2 OF 3)

Delivered via Zoom, Google Meet, or In-Person

Solutions to the Social/Emotional Puzzle of the Gifted (6-hour)

The gifted world is a world of extremes, where passions and talents and knowledge are heightened. Regardless of a child's gifted profile, he or she will have social and emotional needs that are just as heightened and extreme. If you've ever seen kids argue for fairness and justice until tears stream from their eyes, if they destroy Grade "A" quality projects because one thing is out of place, if they shy away from challenges because they fear failure, if they scream at their shirt because the tag's too itchy, then you have witnessed heightened social/emotional needs. In this edition of this insightful workshop, we'll explore and apply research on the "6 Gifted Profiles" and understand how gifted students, far from a homogenous group, are comprised by 6 unique subsets, each with its own social, intellectual, and behavioral needs and interventions. We'll focus on things that teachers (and parents) can say, do, and read to better acknowledge, support, and nurture students with these unique social/emotional needs.

Under the Big Top: The Three Rings of Gifted--Passion, Knowledge, and Talent (6-hour)

In this festive, symposium style professional development event, teachers attend breakout sessions throughout the day, explore self-guided "thinking labs," and spend some time rekindling their own passions and talents so that they leave invigorated and armed with tools--both new and old--to bring authentic differentiated learning to their students. After a morning whole-group session to launch the major themes, breakout sessions are run by experienced educators and cover various topics across different "strands." Teachers have the choice to follow strands and attend sessions that interest them, so autonomy and motivation--the same things we want to offer our students--are being modelled. With "Under the Big Top," it's as if NuMinds has brought an education conference to you! We provide all materials and a staff of professionals to run the event.



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LIVE SYNCHRONOUS PD (3 OF 3)

Delivered via Zoom, Google Meet, or In-Person

RenewED (6-hour)

You will receive a full day of learning focused on renewing your sense of purpose as educators and empowering your students with tools, strategies, and opportunities to nurture their own purpose-driven learning.

We'll start the day with the first of two interactive keynote workshops. Part One, Renew Your Teacher Purpose, invites you to renew and reinvigorate by helping you reconnect with your purpose as an educator.

Fired up, you'll continue your journey in smaller, more intimate, breakout sessions. You can start with the heart, understanding the power of empathy to set the stage for connecting and engaging your students.

And then, retrain your brain by exploring ways to renew and reframe your class content that aligns with your and your students' passions, knowledge, and talents.

During the day, the second interactive keynote workshop guides us in unlocking our students' sense of purpose.

The day will provide opportunities to reflect, engage in conversation, and integrate the learning to make this not only the most practical training you've ever taken, but also to conclude the day in tune with your sense of purpose.

Come curious; walk away renewed.

**All of our self-paced / asynchronous courses
are available in live synchronous format.**

Custom workshops available upon request



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PROFESSIONAL DEVELOPMENT PRICING

Additional partnership agreements are available to deliver high-quality professional development within your budget. Please inquire!

Virtual Asynchronous PD Tiered Pricing for 2-Hour Courses*

	Pricing Per Teacher
Individual	\$50
2-100	\$35
101-500	\$30
501-1000	\$28
1001+	Inquire

*Deep Discounts for 6+ Hour Bundles!

Live Synchronous PD 1-6 Hours, up to 100 Teachers (Delivered In-Person**, Zoom, or Google Meet)

	Pricing
6 hr	\$4,000
5 hr	\$3,333
4 hr	\$2,670
3 hr	\$2,000
2 hr	\$1,333
1 hr	\$1,000

**For In-Person Training, Travel and Materials costs will be added